Find the course you want and <u>apply now</u>. For questions, contact an <u>enrollment counselor</u> or call 1.877.295.6791. Please note:

- Financial aid is not available for single-course learners. Contact an enrollment counselor for more information on payment plans and discounts.
- All graduate courses require a conferred undergraduate degree and counseling courses may require additional documentation.
- Single-course learners may apply credits from no more than three Capella courses toward a subsequent degree or certificate program.
- Course cost is based on cost per credit and is subject to change. For current course credits and associated tuition rates, consult the Capella University catalog.

# **Counseling courses**

COUN5279 - Life Planning and Career Development (4 quarter credits). In this course, learners develop foundational knowledge and skills applicable to career counseling and development. Learners analyze theoretical models of career development as they relate to client interests, aptitudes, personalities, traits, values, and work preferences. In addition, learners explore the ways in which social interests, family relationships, cultural facets, and developmental factors and circumstances resulting from life transitions relate to career development across the lifespan. Learners also discuss legal and ethical issues associated with career counseling practice.

Course cost \$1,948

# COUN5107 – Principles of Psychopathology: Diagnosis and Treatment (4 quarter credits).

Learners in this course examine psychopathology principles, professional literature, and current issues associated with assessing mental disorders. Learners critically evaluate diagnostic models, methods, and approaches used in diagnosing and treating individuals, couples, and families. Learners also explore the current DSM classifications and diagnostic issues associated with multicultural populations.

Course cost \$1,948

**COUN5225 - Human Sexuality (4 quarter credits).** Learners in this course study sexuality within the broad context of human experience. Learners examine a systemic psychosexual approach to development across the lifespan and evaluate the functionality of sexual behavior in individuals, couples, and families. In addition, learners explore theory, assessment, treatments, and interventions for various issues associated with sexuality, as well as sexuality-related concerns of diverse populations. Throughout the course, learners are challenged to expand personal awareness of limitations and biases that could impact the therapeutic relationship.

Course cost \$1,948

COUN5108 - Foundations of Addiction and Addictive Behavior (4 quarter credits). This course provides learners with fundamental knowledge of addiction from its historical roots through contemporary issues. Learners examine theory and research that guides treatment for substance use disorders and related addictive behaviors, including the diagnosis and treatment of co-occurring mental health issues. In addition, learners review empirically supported interventions for individuals, families, groups, and diverse populations, as well as emerging issues in the field based upon current research.

Course cost \$1,948

COUN5217 – Ethical and Legal Issues in Professional Counseling (4 quarter credits). In this course, learners evaluate current legal and ethical guidelines used in the counseling profession. Learners apply decision-making models and formulate effective collaboration strategies used to resolve legal and ethical issues that arise when working with children, adults, couples, and families. Learners also analyze how personal belief systems influence counselors' responses to those issues.

Course cost \$1,948

COUN5336 - Counseling and Advocacy with Diverse Populations (4 quarter credits). This course introduces theory, research, and models that inform ethical and culturally competent counseling, as well as social justice advocacy, in a variety of settings. Learners assess how biopsychosocial characteristics and concerns of diverse populations impact access to and utilization of community-based resources, optimal development across the lifespan, and equity. Learners also present strategies to address the influence that their own heritage, attitudes, beliefs, and acculturative experiences has on the counseling process. In addition, learners identify effective counseling and advocacy strategies with diverse individuals, couples, families, and groups, and explore the role of the counselor and advocate in promoting social justice at multiple levels.

Course cost \$1,948



### COUN5106 - Assessment, Tests, and Measures

(4 quarter credits). Learners in this course examine the assessment process and how tests and measures are used in counseling. Learners also explore the evolution of assessment methods, testing strategies and interpretation, and fundamental measurement constructs.

Course cost \$1,948

### COUN5241 - Group Counseling and Psychotherapy (4

**quarter credits).** Learners in this course examine the theoretical components and developmental aspects of groups. Topics include types of groups, group dynamics and processes, group leadership and membership roles, ethical awareness in relation to groups, and crisis management within groups.

Course cost \$1,948

### COUN5271 – Marriage and Family Systems

(4 quarter credits). Learners in this course study families as systems from theoretical, clinical, and research perspectives. The course emphasizes family development, transitions, assessment, and intervention, including consideration for diversity and sociocultural factors. Learners also apply systems-oriented assessment models and strategies for initial interviews, hypothesis formulation, and designing a strategy for intervention.

Course cost \$1,948

## **COUN5223 - Introduction to Clinical Mental Health**

**Counseling (4 quarter credits).** This course is an introduction to current practices and trends in the clinical mental health counseling profession. Learners analyze the effects of current issues and public policy on the practice of clinical mental health counseling. Learners examine professional counselors' roles in a variety of health service delivery modalities within the continuum of care. In addition, learners review models and strategies of professional consultation and supervision.

Course cost \$1,948

# COUN5004 – Survey of Research in Human Development for **Professional Counselors (4 quarter credits).** Learners in this

course examine theories of lifespan development and behavior from a counseling perspective. Learners describe effective approaches in counseling, evaluate its historical and philosophical relevance to current practice, and apply theories and practices to advocate for diverse clientele.

Course cost \$1,948

# COUN5007 - Research Methods for the Counseling

**Professions (4 quarter credits).** This course provides an overview of quantitative, qualitative, and mixed-method approaches to counseling research and program evaluation. Learners apply graduate-level approaches to research methodology for the counseling profession.

Course cost \$1,948

# COUN5238 - Crisis Assessment and Intervention

(4 quarter credits). This course presents crisis intervention and emergency management models and strategies used in the counseling field. Learners focus on developing the crisis intervention skills needed to provide counseling services in mental health settings in a timely, effective, and ethical manner. Learners also explore other related topics, including working with situational crises, assessing suicide and other risks, and supporting the implementation of emergency management plans.

Course cost \$1,948

### COUN5239 - Theories of Psychotherapy (4 quarter credits).

This course presents various theories of psychotherapy and their respective philosophical principles and assumptions. Learners evaluate the theoretical concepts and evidence-based practices of psychotherapy and examine appropriate application of theories and interventions to a diverse client population.

Course cost \$1,948

### COUN5268 - Psychopharmacology and Medication

Management (4 quarter credits). Learners in this course examine the neurobiological, behavioral, psychological, and physical effects of psychoactive substances on individuals and analyze the classifications, indications, and contradictions of commonly prescribed psychopharmacological medication. Learners also apply the principles of psychopharmacology to the clinical practice of community and other systems of care.

Course cost \$1,948



# **Psychology courses**

### PSY6015 - Lifespan Development (5 quarter credits).

In this course, learners gain and apply knowledge of lifespan development from infancy through adulthood, including human development processes and milestones. Learners evaluate theories and approaches for examining human development and analyze human development processes related to their specialization.

Course cost \$2,500

Course cost \$2,500

## PSY7310 - Biological Basis of Behavior (5 quarter credits).

This course is an introduction to physiological psychology and associated topics, including genetics, functional neuroanatomy, and physiology. Learners develop and demonstrate an understanding of brain functioning; sensory systems; attention, memory, perception, and language mechanisms; and the effects of neurotransmitters on human behavior. Learners also identify the relationship between brain functions and behavioral disorders and analyze current physiological psychology research, ethics, and the implications of culture and diversity on field-related issues.

# PSY7330 - Psychopharmacology (5 quarter credits).

Learners in this course explore the behavioral and therapeutic effects of psychoactive drugs. Course topics include synaptic transmission, behavioral role of specific neuromodulatory systems, pharmacological treatment of mental and neurological disorders, addiction, the various side effects of psychoactive drugs, and how these may interact with key characteristics such as age or general health. Drug effects on learning, creativity, memory, sleep, perception, and sexual functioning receive special attention. Learners also examine the efficacy of treating patients with a combination of psychotherapy and psychotropic medications for a number of diagnosed mental disorders including depression, bipolar disorder, anxiety, obsessive compulsive behavior, schizophrenia, and childhood disorders.

Course cost \$2,500

### PSY7610 - Tests and Measurements (5 quarter credits).

This course focuses on essential concepts, principles, applications, and social and theoretical issues of psychological testing.

Learners gain understanding in the construction of tests; analyze the development and use of tests in measuring aptitudes, achievement, attitudes, interests, and personality; and identify underlying theories of various tests. Learners analyze the characteristics desired in psychological and educational tests, with particular emphasis on reliability and validity, and examine best practices and professional standards for educational and psychological testing, including test bias and fairness. In addition, learners study the role of technology in delivery, administration, scoring, and interpretation of tests.

Course cost \$2,500

### PSY6210 - Introduction to Psychopathology

(5 quarter credits). In this course, learners examine the assessment, diagnosis, and treatment of various forms of psychopathology throughout the lifespan. Learners review the etiology of psychopathology; examine theories and research of psychopathology; and explore current methods of psychological interviewing, assessment, diagnosis, and treatment. Learners also discuss the politics of mental disorders, emerging diagnoses, and ethical and multicultural issues associated with psychopathology.

## PSY7421 - Cognitive/Affective Psychology (5 quarter credits).

Learners in this course apply their knowledge of theoretical foundations and the basic principles and models of cognitive/ affective psychology to mental processes, such as how individuals acquire, process, and store information; and how they think, perceive, remember, and learn. Learners also demonstrate ways in which the integration of cognitive and affective information guides and influences an individual's behavior.

Course cost \$2,500

Course cost \$2,500

# PSY5130 - Career Counseling Theory (5 quarter credits).

This course presents a survey of the history of career counseling, the development of career counseling theory, and the basic tenets of current vocational psychology. It covers theories of career development, the relationship between training and vocation, and the application of career counseling interventions in various settings and among diverse populations. Learners are encouraged to participate in experiential exercises and discussion topics that may include disclosing information that is personal.

Course cost \$2,500



### PSY5120 - Social Psychology (5 quarter credits).

This course provides an overview of how behavior is shaped and influenced within a social context. Within this framework, learners analyze interpersonal relationships, social cognition, social inference, emotion, and personality. Learners review and demonstrate their knowledge of the social psychology of decision making, attitude formation, and social attribution as they relate to contemporary issues. Learners also apply social psychological theory and research to various clinical, educational, and organizational settings.

### Course cost \$2,500

#### PSY7864 - Quantitative Design and Analysis

(5 quarter credits). In this course, learners investigate the fundamental concepts needed to conduct quantitative research. Learners examine and apply quantitative research techniques; appropriate applications of quantitative research; research design, measurement, and analysis, and their associated interdependencies; variable types and levels of measurement; sampling; descriptive and inferential statistics; and hypothesis testing. Learners define the strengths and limitations of descriptive statistics, analyze the quantitative scales of measurement, review the logic of probability and null hypothesis testing, and leverage technology when applicable. Learners also determine the steps necessary to ensure human subjects protection, and consider methodological adaptations when conducting research with vulnerable and diverse populations.

### Course cost \$2,500

# PSY5110 - Ethics and Multicultural Issues in Psychology

(5 quarter credits). In this course, learners analyze multicultural perspectives and factors such as ethnicity, socioeconomic status, and gender, and their influences on the ethical behavior of psychology professionals. Learners evaluate and articulate multicultural issues within the context of different settings and practice applying ethical reasoning principles and standards within their profession.

# Course cost \$2,500

# PSY6110 – Learning Theories in Psychology

(5 quarter credits). This course focuses on the concepts and principles of learning theory and its sub-processes, especially those associated with cognition. Learners evaluate and articulate major learning theories, practice applying these learning theories and their associated processes to teaching, and analyze the effects of various behavioral and cognitive sub-processes on learning.

### Course cost \$2,500