

This document is a resource to assist in understanding a states educational requirements for licensure, certification, or endorsement. This document will provide an individual states unique coursework requirements in comparison to Capella's program.

Where to Start

We recommend that you begin by locating a copy of your states application and/or coursework sheet from your state board's website and then use this document to assist you in matching Capella's coursework with your states educational requirements.

How to Read

State required content areas: Outlines the state board's required content areas that need to be met for licensure

State coursework requirement: The number of courses or credits required to meet the state content area

Capella course number: The catalog number of the Capella course that we feel meets the state content definition and content area

Capella course title: The name of the Capella course that we feel meets the state content definition and content area

Capella quarter credit: The number of credits for the Capella course that we feel meets the state content definition and content area

Notes: Additional information about a particular course or requirement

Important

The information provided in this document is for guidance only and is not intended to be authoritative. State licensing boards determine whether coursework is sufficient to meet state specific educational requirements as part of the application process. No state board has "approved" the courses suggested in this document as meeting any state's educational requirements. Capella University cannot guarantee licensure, certification, or endorsement.

If you need further assistance, please contact Enrollment Services if you are considering enrolling in a Capella program or Academic Advising if you are a current Capella Learner.

Arkansas Educational Requirements

STATE CONTENT AREA	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES
(1) Professional identity and ethics	3 graduate credits	COUN5217	Ethical and Legal Issues in Professional Counseling	4	
		COUN5223	Introduction to Clinical Mental Health Counseling	4	
(2) Social and cultural diversity	3 graduate credits	COUN5225	Sexuality and Gender in Counseling	4	
		COUN5336	Counseling and Advocacy with Diverse Populations	4	
(3) Human growth and development	3 graduate credits	COUN5004	Survey of Research in Human Development for Professional Counselors	4	
		COUN5254	Child and Adolescent Counseling	4	Also used in content area K
(4) Career development	3 graduate credits	COUN5279	Life Planning and Career Development	4	
(5) Helping relations	3 graduate credits	COUN5238	Crisis Assessment and Intervention	4	
		COUN5239	Theories of Psychotherapy	4	
		COUN5830	Mental Health Counseling Approaches and Interventions	4	
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
(6) Group work	3 graduate credits	COUN5241	Counseling for Groups	4	
		COUN-R5833	Advanced Group Counseling and Clinical Applications in Mental Health Counseling: Residential Colloquium Track 2	4	
(7) Assessment	3 graduate credits	COUN5106	Assessment, Tests, and Measures	4	
(8) Research and program evaluation	3 graduate credits	COUN 5007	Research Methods for the Counseling Professions	4	
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4	
(9) Practicum and/or internship	9 graduate credits	COUN6302	Mental Health Counseling Clinical Practicum	4	
	3 graduate credits over a minimum of 6 months	COUN6321	Mental Health Counseling Clinical Internship I	5	
		COUN6322	Mental Health Counseling Clinical Internship II	5	
(10) Abnormal psychology/ psychopathology (including DSM and ICD training)	3 graduate credits	COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		COUN5108	Foundations of Addiction and Addictive Behavior	4	
(11) Family and relationship;	3 graduate credits	COUN5254	Child and Adolescent Counseling	*	Also used in content area C
		COUN5271	Marriage and Family Counseling	4	
(12) Technology assisted counseling	1 graduate credit	COUN5601.17	Special Topics- Technology Assisted Counseling and Telehealth	1	Capella learners will need to add these additional courses to their program to meet this state requirement.
		COUN5601.18	Special Topics- Advanced Issues in Technology Assisted Counseling	1	
			TOTAL CREDITS	91	

California Educational Requirements

STATE CONTENT AREAS	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES
1. OVERALL DEGREE UNITS: Minimum 72 quarter units within degree or cannot qualify. Must complete 90 quarter units total. Must remediate prior to approval of Licensing application. Capella's MS in Clinical Mental Health program includes 90 quarter credits total.					
2. CORE CONTENT AREAS: 4 quarter units of graduate level coursework is required in each of the following areas. At least 7 of these content areas must be fully within your qualifying degree. All 13 areas are required prior to licensure. The remaining 6 content areas can be completed outside of Capella.					
1. Counseling & psychotherapeutic theories & techniques	4 quarter unit	COUN5238	Crisis Assessment and Intervention	4	
		COUN5239	Theories of Psychotherapy	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
2. Human growth and development across the lifespan	4 quarter unit	COUN5004	Survey of Research in Human Development for Professional Counselors	4	
		COUN5254	Child and Adolescent Counseling	4	
3. Career development theories & techniques	4 quarter unit	COUN5279	Life Planning and Career Development	4	
4. Group counseling theories & techniques	4 quarter unit	COUN5241	Counseling for Groups	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
5. Assessment, appraisal, & testing of individuals	4 quarter unit	COUN5106	Assessment, Tests, and Measures	4	
		COUN6302	Mental Health Counseling Clinical Practicum	4	
6. Multicultural counseling theories & techniques	4 quarter unit	COUN5225	Sexuality and Gender in Counseling	4	
		COUN5336	Counseling and Advocacy with Diverse Populations	4	
7. Principles of the diagnostic process	4 quarter unit	COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		COUN6321	Mental Health Counseling Clinical Internship I	5	
		COUN6322	Mental Health Counseling Clinical Internship II	5	
8. Research and evaluation	4 quarter unit	COUN5007	Research Methods for the Counseling Professions	4	
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4	
9. Professional orientation, ethics & law in counseling	4 quarter unit	COUN5217	Ethical and Legal Issues in Professional Counseling	4	
		COUN5223	Introduction to Clinical Mental Health Counseling	4	
10. Psychopharmacology	4 quarter unit	COUN5268	Psychopharmacology and Medication Management	4	Capella learners can add this additional course to their program to meet this state requirement. This requirement can be completed outside of Capella.
11. Addictions counseling	4 quarter unit	COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		COUN5108	Foundations of Addiction and Addictive Behavior	4	
12. Crisis or trauma counseling	4 quarter unit	COUN5238	Crisis Assessment and Intervention	4	
13. Advanced counseling & psychotherapeutic theories and techniques	4 quarter unit	COUN5239	Theories of Psychotherapy	4	
		COUN5271	Marriage and Family Counseling	4	
		COUN5830	Mental Health Counseling Approaches and Interventions	4	
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
2A. California Law & Ethics Course					
California law and ethics course	4 quarter unit law and ethics course but contained no California-specific content	COUN5217	Ethical and Legal Issues in Professional Counseling	4	Capella learners will need to complete a 12 clock hour training from a California BBS approved provider to meet this state requirement. This requirement must be completed outside of Capella.
3. PRACTICUM: Degree program must meet practicum unit/hour requirements or cannot qualify.					
Practicum	9 quarter units and 280 hours of supervised face-to-face counseling experience	COUN6302	Mental Health Counseling Clinical Practicum	4	Capella learners must ensure they complete 280 hours of supervised face-to-face counseling experience to meet this state requirement.
		COUN6321	Mental Health Counseling Clinical Internship I	5	
		COUN6322	Mental Health Counseling Clinical Internship II	5	
4. ADVANCED COURSEWORK: 22.5 quarter units to develop knowledge of specific treatment issues or special populations. Must remediate prior to approval of Licensing application.					
Advanced coursework	22.5 quarter units	COUN5108	Foundations of Addiction and Addictive Behavior	4	
		COUN5225	Sexuality and Gender in Counseling	4	
		COUN5254	Child and Adolescent Counseling	4	
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4	
5. ADDITIONAL COURSEWORK: Must remediate prior to approval of Application for Licensure. Note: 1 semester unit = 15 hours; 1 quarter unit = 10 hours; 1 semester unit = 1.5 quarter units.					
a.) Human Sexuality	10 hours	COUN5225	Sexuality and Gender in Counseling	4	

California Educational Requirements

STATE CONTENT AREAS	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES
b.) Spousal/Partner Abuse Assessment, Detection and Intervention	15 hours	COUN5271	Marriage and Family Counseling	4	
c.) Child Abuse Assessment and Reporting in California	7 hours	COUN5254	Child and Adolescent Counseling	4	
		COUN5271	Marriage and Family Counseling	4	
d.) Aging, Long Term Care and Elder/Dependent Adult Abuse	10 hours	COUN5004	Survey of Research in Human Development for Professional Counselors	4	
e.) Mental Health Recovery Oriented Care and Methods of Service Delivery	45 hours or 4.5 quarter units	COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
f.) California Cultures and the Social and Psychological Implications of Socioeconomic Position	15 hours	COUN5217	Ethical and Legal Issues in Professional Counseling	4	
		COUN5336	Counseling and Advocacy with Diverse Populations	4	
g.) Provision of Mental Health Services via Telehealth	3 hours Must include law and ethics related to telehealth.	N/A	N/A	N/A	This requirement must be completed outside of Capella. It can be completed before or after degree conferral.
h.) Suicide Risk Assessment and Intervention	6 hours	COUN5238	Crisis Assessment and Intervention	4	

Hawaii Educational Requirements

STATE CONTENT AREAS	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES
a. Human Growth & Development	5 qtr	COUN5004	Survey of Research in Human Development for Professional Counselors	4	
		COUN5254	Child and Adolescent Counseling	4	
b. Social & Cultural Foundations	5 qtr	COUN5225	Sexuality and Gender in Counseling	4	
		COUN5336	Counseling and Advocacy with Diverse Populations	4	
c. Counseling Theories & Applications	5 qtr	COUN5239	Theories of Psychotherapy	4	
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
d. Group Theory & Practice	5 qtr	COUN5241	Counseling for Groups	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
e. Career & Lifestyle Development	5 qtr	COUN5278	Assessment Techniques in Career Planning	1	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5279	Life Planning and Career Development	4	
f. Appraisal of Human Behavior	5 qtr	COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		COUN5108	Foundations of Addiction and Addictive Behavior	4	
		COUN5271	Marriage and Family Counseling	4	
		COUN5830	Mental Health Counseling Approaches and Interventions	4	
g. Tests & Measurements	5 qtr	COUN5106	Assessment, Tests, and Measures	4	
		COUN5238	Crisis Assessment and Intervention	4	
h. Research & Program Evaluation	5 qtr	COUN5007	Research Methods for the Counseling Professions	4	
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4	
i. Professional Orientation & Ethics	5 qtr	COUN5217	Ethical and Legal Issues in Professional Counseling	4	
		COUN5223	Introduction to Clinical Mental Health Counseling	4	
Supervised Field Experience	10 qtr	COUN6302	Mental Health Counseling Clinical Practicum	4	Capella MS CMHC program contains 280 hours of direct client contact. Capella learners must ensure they obtain an additional 20 hours of direct client contact during their internship experiance to meet this state requirement.
	300 hours of direct client contact	COUN6321	Mental Health Counseling Clinical Internship I	5	
		COUN6322	Mental Health Counseling Clinical Internship II	5	
TOTAL CREDITS				91	

Maryland Educational Requirements

STATE CONTENT AREAS	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES
a. Human Growth & Personality Development	5 quarter credits	COUN5004	Survey of Research in Human Development for Professional Counselors	4	
		COUN5254	Child and Adolescent Counseling	4	
b. Social & Cultural Foundations of Counseling	5 quarter credits	COUN5225	Sexuality and Gender in Counseling	4	
		COUN5336	Counseling and Advocacy with Diverse Populations	4	
c. Counseling Theory	5 quarter credits	COUN5239	Theories of Psychotherapy	4	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5601.12	Special Topics - Psychotherapy Theories and Techniques	1	
d. Counseling Techniques	5 quarter credits	COUN5223	Introduction to Clinical Mental Health Counseling	4	
		COUN5238	Crisis Assessment and Intervention	4	
e. Group Dynamics, Processing, & Counseling	5 quarter credits	COUN5241	Counseling for Groups	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
f. Lifestyle & Career Development	5 quarter credits	COUN5278	Assessment Techniques in Career Planning	1	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5279	Life Planning and Career Development	4	
g. Appraisal	5 quarter credits	COUN5106	Assessment, Tests, and Measures	4	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5601.06	Special Topics - Assessment and Appraisal	1	
h. Research & Evaluation	5 quarter credits	COUN5007	Research Methods for the Counseling Professions	4	
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4	
i. Professional, Legal, and Ethical Responsibilities	5 quarter credits	COUN5217	Ethical and Legal Issues in Professional Counseling	4	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5601.16	Special Topics - Legal and Ethical Responsibilities in Counseling	1	
j. Marriage & Family Therapy	5 quarter credits	COUN5601.26	Special Topics - Sexual Issues in Couple and Family Therapy	1	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5271	Marriage and Family Counseling	4	
k. Supervised Field Experience	5 quarter credits	COUN6302	Mental Health Counseling Clinical Practicum	4	Capella learners must ensure they complete 125 hours of <u>face-to-face</u> direct client counseling during their site-based learning experience to meet this state requirement.
	125 face-to-face direct clinical counseling service hours	COUN6321	Mental Health Counseling Clinical Internship I	5	
		COUN6322	Mental Health Counseling Clinical Internship II	5	
l. Alcohol & Drug Counseling	5 quarter credits	COUN5108	Foundations of Addiction and Addictive Behavior	4	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5601.08	Special Topics - Alcohol and Drug Counseling	1	
m. Diagnosis & Psychopathology (for Clinical Professional Counselor)	5 quarter credits	COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5601.10	Special Topics - Diagnosis and Psychopathology	1	
n. Psychotherapy and Treatment of Mental and Emotional Disorders (for Clinical Professional Counselor)	5 quarter credits	COUN5830	Mental Health Counseling Approaches and Interventions	4	
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
TOTAL CREDITS				97	

Mississippi Educational Requirements

STATE CONTENT AREAS	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES
a. Human Growth and Development	4.5 qtr	COUN5004	Survey of Research in Human Development for Professional Counselors	4	
		COUN5254	Child and Adolescent Counseling	4	
b. Social and Cultural Foundations	4.5 qtr	COUN5225	Sexuality and Gender in Counseling	4	
		COUN5336	Counseling and Advocacy with Diverse Populations	4	
c. Counseling and Psychotherapy Skills	4.5 qtr	COUN5238	Crisis Assessment and Intervention	4	
		COUN5830	Mental Health Counseling Approaches and Interventions	4	
		COUN6302	Mental Health Counseling Clinical Practicum	4	
d. Group Counseling	4.5 qtr	COUN5241	Counseling for Groups	4	
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4	
e. Lifestyle and Career Development	4.5 qtr	COUN5278	Assessment Techniques in Career Planning	1	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5279	Life Planning and Career Development	4	
f. Testing and Appraisal	4.5 qtr	COUN5106	Assessment, Tests, and Measures	4	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5601.06	Special Topics - Assessment and Appraisal	1	
g. Research and Evaluation	4.5 qtr	COUN5007	Research Methods for the Counseling Professions	4	
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4	
h. Professional Orientation to Counseling or Ethics	4.5 qtr	COUN5217	Ethical and Legal Issues in Professional Counseling	4	
		COUN5223	Introduction to Clinical Mental Health Counseling	4	
i. Theories of Counseling Psychotherapy and Personality	4.5 qtr	COUN5239	Theories of Psychotherapy	4	
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4	
j. Marriage and/or Family Counseling/Therapy	4.5 qtr	COUN5601.26	Special Topics - Sexual Issues in Couple and Family Therapy	1	Capella learners will need to add this additional course to their program to meet this state requirement.
		COUN5271	Marriage and Family Counseling	4	
k. Abnormal Psychology and Psychopathology	4.5 qtr	COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4	
		COUN5108	Foundations of Addiction and Addictive Behavior	4	
l. Internship	4.5 qtr credits	COUN6321	Mental Health Counseling Clinical Internship I	5	
		COUN6322	Mental Health Counseling Clinical Internship II	5	
TOTAL CREDITS				93	

North Carolina Educational Requirements

STATE CONTENT AREAS	STATE COURSEWORK REQUIREMENT	CAPELLA COURSE NUMBER	CAPELLA COURSE TITLE	CAPELLA QUARTER CREDITS	NOTES	
a. Helping Relationships in Counseling	5 quarter credits	COUN5239	Theories of Psychotherapy	4	Capella learners will need to take this course instead of the 4 credit practicum to meet this state requirement.	
		COUN5271	Marriage and Family Counseling	4		
		COUN5830	Mental Health Counseling Approaches and Interventions	4		
		COUN-R5861	The Counseling Relationship: Concepts and Skills	4		
b. Practicum and Internship	5 quarter credits	COUN6301	Mental Health Counseling Clinical Practicum	5		
		COUN6321	Mental Health Counseling Clinical Internship I	5		
		COUN6322	Mental Health Counseling Clinical Internship II	5		
c. Professional Orientation to Counseling	5 quarter credits	COUN5217	Ethical and Legal Issues in Professional Counseling	4		
		COUN5223	Introduction to Clinical Mental Health Counseling	4		
d. Human Growth and Development Theories in Counseling	5 quarter credits	COUN5225	Sexuality and Gender in Counseling	4		
		COUN5254	Child and Adolescent Counseling	4		
		COUN5004	Survey of Research in Human Development for Professional Counselors	4		
e. Social & Cultural Foundations in Counseling	5 quarter credits	COUN5108	Foundations of Addiction and Addictive Behavior	4		
		COUN5336	Counseling and Advocacy with Diverse Populations	4		
f. Group Counseling Theories and Processes	5 quarter credits	COUN5241	Counseling for Groups	4		
		COUN-R5863	The Advanced Counseling Relationship: Concepts, Skills, and Approaches	4		
g. Career Counseling and Lifestyle Development	5 quarter credits	COUN5004	Survey of Research in Human Development for Professional Counselors	4	Capella learners will need to add this additional course to their program to meet this state requirement.	
		COUN5278	Assessment Techniques in Career Planning	1		
		COUN5279	Life Planning and Career Development	4		
h. Assessment in Counseling	5 quarter credits	COUN5106	Assessment, Tests, and Measures	4		
		COUN5107	Principles of Psychopathology: Diagnosis and Treatment	4		
		COUN5238	Crisis Assessment and Intervention	*		
i. Research and Program Evaluation	5 quarter credits	COUN5007	Research Methods for the Counseling Professions	4		
		COUN6965	Applied Research and Evaluation in Mental Health Counseling	4		
			TOTAL CREDITS	92		