



#### VIDEO TRANSCRIPT

## FlexPath Movement | Courtney's FlexPath Journey

**00:01**

My name is Courtney Sanders\*. I run the Courtney Sanders Company. I'm all about helping women achieve it all without it all falling apart. I really love creating trainings around time management, around managing your career, finances—the whole package. So not just success in one area but success in all areas.

**Courtney Sanders\* – Business Owner and speaker**

*\*Actual Capella student compensated for appearing in this video*

**00:20**

(On screen: Courtney's FlexPath Journey with Capella). I went from just myself to slowly starting to bring on employees and so that was my first indication (Title Card: Courtney Sanders @CourtneyLSanders, Business Owner & Speaker) that maybe I needed to get some more formal training around learning how to manage people, learning how to be a better leader, but you have an 18 month old, you're in the thick of business, my husband is very busy.

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Honestly, the biggest question for me was: how on earth was I going to manage this? In my search I was looking at a lot of different MBA programs and that's when I came across Capella and specifically their FlexPath format, which was a game changer because I didn't realize that this was something that I could do right now.

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FlexPath allows you to manage your education the same way you manage everything else in your life. As a full-time mom and a full-time entrepreneur, I live a very fast paced, yet unpredictable life, and so it really allows me to pace things according to how my actual life is going.



**01:16**

I mean, I was sold once I saw that you could set your own deadlines. I was like, “Wait, so I don’t have to go into a classroom? I can set the deadlines based on when I realistically feel like I can submit in my assessment.” To me, I was like, “I don’t know that I can get an MBA unless I do it in this program.” And I just loved that I have that flexibility.

**01:36**

I am so excited about what I’m going to learn and to get to apply it to my own business. So I invite you to follow along with my FlexPath journey. (End frame: Follow Courtney’s FlexPath MBA Journey [www.capella.edu/FlexPathMovement](http://www.capella.edu/FlexPathMovement))