Master of Science in Clinical Mental Health Counseling - Program Overview

To become a clinical mental health counselor. It is a master’s program, minimum of a master’s degree. Learners in this program can expect to take courses that cover areas such as assessment, diagnosis, counseling and helping relationships and, of course, ethical practice.

Our graduates in clinical mental health counseling are prepared to work with individuals, children, adolescents and adults, couples, families and groups. And are able to apply clinical theory and research to contemporary clinical practice as well as apply professional ethical standards in their behavioral practice.

Our faculty also hold, or have held, prominent leadership positions in professional counseling organizations and associations and on state licensing boards. Each learner in the clinical mental health counseling program is assigned a faculty advisor and this advisor is there to support the learners through the program. They meet with the learner at key points in the program to review their progress and to help them with the upcoming steps on their path to graduation.

The clinical mental health counseling program at Capella University is CACREP accredited. It is the hallmark of external recognition of the quality of our program and really reflects the independent review that our program meets the highest of standards.

In the guided path format, you get the benefit of the flexibility an online program has to offer while also getting that personalized piece of the field work with the applied clinical experiences, the residency with the face to face format, and the opportunity to engage with faculty and learners on site. And you also get the benefit of that structured experience guiding you through the weekly tasks of the course. Our learners can be confident that they’re in an online flexible program that also offers personalized support and guidance that’s necessary for training counselors in training.

(Lisa McKenna) Assistant Dean