YOUR BSN.
YOUR WAY.

CAPELLA UNIVERSITY’S
RN-TO-BSN FLEXPATH OPTION

A groundbreaking online learning format that puts you in control of your nursing education
What kinds of nurses earn a BSN?

Nurses who want to provide even better patient care. Nurses who want more involvement in critical decisions. Nurses who want to be recognized by colleagues in their field. Nurses who want to be prepared for graduate school.

These kinds of nurses pursue the degree that sets them apart from other RNs, signaling to coworkers and supervisors alike that they are serious about growing in their practice.

“If you want to be a decision-maker and change things, you can only do that starting with a bachelor’s degree.”

F. PATRICK ROBINSON, PHD, RN, FAAN
DEAN, SCHOOL OF NURSING AND HEALTH SCIENCES
CAPELLA UNIVERSITY
What’s holding you back?

“I have a lot of experience. Won’t I be learning things I already know?”

“My schedule is unpredictable. I’m already too busy. Do I really have time?”

“Isn’t the cost of a degree skyrocketing? I can’t afford to go back to school.”

“It’s been years since I was a student. Will I be successful in a RN-to-BSN program?”

At Capella, we value your experience as a nurse. Capella lets you transfer previous college credit to cover up to 75% of your bachelor’s degree, saving you significant time and money.*

Additionally, our RN-to-BSN FlexPath option allows you to move more quickly in subjects you’ve already mastered, so you can potentially save time and money.

The RN-to-BSN FlexPath option is self-paced—each course gives you the freedom to learn at your pace, taking as little or as much time as you need to master the material. Need more structure? Capella’s GuidedPath RN-to-BSN has weekly deliverables, but there are no set class times or lectures to attend. Plus, our online course room is accessible 24 hours per day for both learning formats.

With FlexPath, your pace determines your price. Plus, there are many ways to save, including employer and association discounts, employer tuition reimbursement, credit for prior learning, and more.

From start to finish, you’ll have learning support from faculty and personalized planning from coaches or advisors. Whether you need help navigating enrollment, financial aid, writing challenges or even career development, Capella’s support staff is here to help you succeed.

*The average number of credits transferred into a RN-to-BSN program is 110.5. Transfer credit eligibility subject to Capella University review on a case by case basis.
9 Reasons to Choose Capella for your BSN

1. **You can choose from two 100% competency-based online learning formats.**
   Capella provides two options for busy, experienced nurses who want to build upon what they already know in the most efficient way. FlexPath lets you earn your degree on your own schedule—potentially saving you both time and money—and self-paced learning allows you to move quickly through subjects you're more familiar with. GuidedPath offers extra structure and support for those who need it. And both options offer 24-hour access to courses, so you can work whenever and wherever you want.

2. **Our BSN is affordable.**
   FlexPath tuition is a flat fee of $3,000 per 12-week session. Within this subscription rate, you can complete as many courses as you want, up to two simultaneously. With FlexPath, you can complete your RN-to-BSN program in 9 months for $9,000.*
   
   With the GuidedPath format, tuition costs are based on credit hours. Scholarships may be available to help you save, and employer partnership discounts are available for many students in both learning formats.
   
   * Based on fastest 10 percent of students. Your program length and cost will vary by transfer credits, the per-session cost, and how quickly you complete courses.

3. **You can apply coursework and experience to your degree.**
   You may be able to save time and money on your Capella BSN when you transfer credits from regionally accredited or internationally recognized institutions or from specific previously earned certifications. With Capella's revolutionary FlexPath option, knowledge gained in your career may also help you move more quickly through parts of the BSN program.
9 Reasons to Choose Capella for your BSN

4. **Your learning is applicable today.**
As a Capella student, you’ll develop competencies that can immediately be put to use in the workplace. Our exclusive virtual health care environment gives you experience in solving real nursing challenges, and simulations incorporated into many Capella BSN courses equip you with skills that can positively impact your career, patient safety, and quality of care.

5. **Nursing experts shape our BSN.**
To ensure Capella’s approach to nursing education continues to evolve to meet the needs of our students, we created an advisory board composed of leading health care strategists and influencers. The board serves as a brain trust for leaders and key decision makers within Capella's School of Nursing and Health Sciences and provides insight into current and emerging trends, industry needs, and workforce competencies.

6. **Industry leaders partner with us.**
Employers and professional organizations, including the American Nurses Association, are proud to partner with Capella. Why? Because our curriculum is aligned with relevant professional practice standards and because we educate nurses to deliver high quality, evidence-based, patient-centered care.
9 Reasons to Choose Capella for your BSN

7 **Our BSN program is accredited.**
The BSN, BSN, and DNP degree programs at Capella University are accredited by the Commission on Collegiate Nursing Education (CCNE) [http://www.aacn.nche.edu/ccne-accreditation](http://www.aacn.nche.edu/ccne-accreditation).

8 **You’ll get support whenever you need it.**
Support is a critical aspect of Capella's approach to education. We offer one-to-one coaching to help you stay on track and achieve your goals throughout your program. Faculty are always there when you need help. And you’ll have access to our writing center, library, Career Center, and other online academic tools and resources.

9 **Our faculty is top-notch.**
All faculty members in Capella's nursing programs hold top credentials in their fields. Many faculty members have distinguished themselves through practice leadership, service to the profession, and scholarly endeavors.
## Guided Path™
Our original learning format offers extra structure for those who want it. We’ll set the schedule, you meet the deadlines.

<table>
<thead>
<tr>
<th>Course Structure</th>
<th>Interactive</th>
<th>Work independently</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Weekly online discussions with faculty and classmates, plus end-of-week assignment deadlines</td>
<td>Complete courses at your own pace, with no preset deadlines or wait time to move to the next course</td>
</tr>
</tbody>
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<table>
<thead>
<tr>
<th>Support</th>
<th>Regular check-ins</th>
<th>1:1 engagement</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Faculty feedback in your courses with academic coaches and program advisors to keep you on track</td>
<td>Get learning support from tutors, detailed feedback from faculty, personalized planning from coaches</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Assignments + Deadlines</th>
<th>Predictable path from start to finish</th>
<th>Set your own deadlines</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Courses will have a similar rhythm to deadlines, so you can form homework habits around your schedule</td>
<td>Work with your FlexPath coach to plan when you’ll complete each assignment based on your schedule</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Course Materials</th>
<th>Guided learning</th>
<th>Recommended resources</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>You’ll have required reading material to help with discussions and assignments</td>
<td>You’ll receive suggested resources to use—videos, articles, or your own work experience</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Maximum Course Load</th>
<th>Three courses per quarter</th>
<th>No limit</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>With the freedom to change course load every quarter</td>
<td>With a maximum of two courses that can be taken at one time</td>
</tr>
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<table>
<thead>
<tr>
<th>Grading</th>
<th>Customary grading system</th>
<th>Demonstrate competency</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Receive grades from faculty based on assignment or project quality</td>
<td>Complete authentic assessments to prove your mastery of a competency</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Tuition Model</th>
<th>Pay-per-credit/course</th>
<th>Pace determines price</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>The familiar way to pay for tuition, with credit or course price varying by course load or term</td>
<td>Complete all the courses you can, up to two simultaneously, and pay one flat tuition fee every 12 weeks*</td>
</tr>
</tbody>
</table>

*Books, supplies and other fees may apply

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## FlexPath™
Our self-paced learning format lets you take courses at your own speed, whenever your schedule allows.

<table>
<thead>
<tr>
<th>Find your path</th>
<th>Not sure which learning format is right for you? Our Path Finder Quiz can help you decide which path will best fit your learning style.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Start My Path Finder Quiz</strong></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Try it for free</th>
<th>Want to try it before you apply? Take our free FlexPath Trial Course to experience all the great benefits our self-paced learning format has to offer.</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Start My Free Trial Course</strong></td>
</tr>
</tbody>
</table>
Why Nurses Choose FlexPath

FlexPath is the most revolutionary, direct path to your BSN.

**The potential to save time and money**

There’s no limit to the number of courses you can complete, up to two simultaneously, for one flat fee in a 12-week session. So the faster you move, the less sessions you’ll need, and the more you will save.

**Move at your own pace**

With FlexPath, learning always fits your schedule because you set your own deadlines and move at a pace that suits you. As soon as you’re done with one course, you can immediately move on to the next one.

**Leverage your nursing experience**

The FlexPath format allows you to accelerate through material you already know from past educational or professional experience, so you can spend time focusing on what you don’t know. That means you won’t be using your valuable time learning something you already know.

"I credit FlexPath with helping me move towards my career goal. The ability to be so flexible, it’s just amazing. You finish a course, you can start another one right away. You can’t beat it."

**MICHELLE GEORGE, BSN FLEXPATH GRADUATE, 2016**

"As a mother, wife, and as a nurse, I needed an academic option that would fit into my busy schedule, not the other way around. FlexPath gave me this opportunity."

**CLARICE ONYANGO, BSN FLEXPATH GRADUATE, 2017**
FlexPath Support

If you need help along the way, support is available from a variety of sources via chat, email, and phone. Even though you're moving through the program at your own pace, you should never feel isolated or helpless. The resources available to RN-to-BSN FlexPath students include:

**Faculty**
Faculty who are experts in their field provide comprehensive feedback on your work, helping you understand what you did well and what you can improve upon.

**Coaches**
At the start of the program, you'll be assigned a FlexPath coach to help navigate the program structure and manage your goals and challenges along the way.

**Tutors**
Capella tutors are subject matter experts, available to provide extra assistance when you need help with a specific concept or course.

"The feedback from the instructors was awesome. Plus my FlexPath coach helped me focus better. I experienced so much growth through FlexPath."

BOBBI JO KOONS, BSN FLEXPATH GRADUATE, 2016
FlexPath Support

You'll have access to:

The Capella Library
Resources in the form of Capella-recommended textbooks and readings are available online or in the Capella Library. The Capella Library has a comprehensive collection of databases, journals, and books. Librarians are available for assistance via email, chat, or phone.

The Writing Center
Capella’s Writing Center is a valuable resource for FlexPath students who need assistance with writing, citations, and basic research issues.

The FlexPath Community
You’ll have access to an online discussion board with your fellow FlexPath students, a diverse group of people from many places and different professions. In addition to encouragement and support, the FlexPath Community also serves as a potential network for future career exploration and professional development.

The Career Center
You’ll have access to an online discussion board with your fellow FlexPath students, a diverse group of people from many places and different professions. In addition to encouragement and support, the FlexPath Community also serves as a potential network for future career exploration and professional development.
How does FlexPath work?

FlexPath is competency-and assessment-based. Competencies are the critical skills, knowledge, and abilities required to master your program subject matter. They are the foundation of your BSN.

Assessments require you to apply your knowledge to real-world situations through assignments like case studies, research papers, or presentations—work you’d be expected to do on the job.
How to Complete an Assessment

Each BSN course in FlexPath consists of a series of assessments. After consulting with your FlexPath coach, you develop a personal plan for course completion. This allows you to set your own deadlines for finishing the assessments.
BSN FlexPath Assessment Example

Choose a Specific Population.
This population may be one you are familiar with and has a strong presence in your geographic region, or one you would like to know more about.

Research health concerns for the population and gather potential resources you can use to support your analysis and recommendation. Focus your efforts on recent data from government websites, as well as recent academic and professional journals.

WRITE A 3-4 PAGE ASSESSMENT, CITING YOUR SOURCES, THAT ADDRESSES THE FOLLOWING:

• Identify the population you selected and describe its health concerns.
• Analyze the research and data on the health concerns of the population.
• Explain interventions that have been tried in the past.
• Recommend a new initiative for the population.

THIS ASSESSMENT CONTRIBUTES TO THE ABILITY TO DEMONSTRATE THE FOLLOWING COMPETENCIES:

• Explain the need for disease prevention and health promotion strategies for populations.
• Analyze the effectiveness of health promotion and disease prevention initiatives for populations.
• Develop evidence-based health promotion and disease prevention initiatives for a population.
• Communicate in a manner that is scholarly, professional, and consistent with expectations for members of the health care professions.

YOU HAVE THE OPPORTUNITY FOR MULTIPLE ATTEMPTS TO DEMONSTRATE MASTERY.
Faculty provide robust formative feedback on each assessment, and you can leverage that to improve and resubmit your work for re-evaluation (3 submissions allowed per assessment).
What does a year look like for an RN-TO-BSN student?

Pretty much any way you want it to!

You can start a course whenever you want. Once you begin a course, you’ll have 12 weeks to complete it. You can take up to two courses at the same time. If you complete one course before the other, you can start another course.

Here’s a look at how two students approach BSN FlexPath, and how it compares to our GuidedPath BSN program.

### January

<table>
<thead>
<tr>
<th>FlexPath Students</th>
<th>GuidedPath Student</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kelly</td>
<td>Tamara</td>
</tr>
<tr>
<td>COURSE 1</td>
<td>COURSE 1</td>
</tr>
<tr>
<td>2</td>
<td>2</td>
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</tbody>
</table>

- Kelly’s work experience helped her move through certain courses more quickly.

### April

<table>
<thead>
<tr>
<th>FlexPath Students</th>
<th>GuidedPath Student</th>
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</thead>
<tbody>
<tr>
<td>Kelly</td>
<td>Owen</td>
</tr>
<tr>
<td>COURSE 1</td>
<td>COURSE 1</td>
</tr>
<tr>
<td>3</td>
<td>3</td>
</tr>
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</table>

- This course was more challenging. Owen chose to spend more time on it.

### July

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<tr>
<td>Kelly</td>
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<tr>
<td>COURSE 1</td>
<td>COURSE 1</td>
</tr>
<tr>
<td>4</td>
<td>4</td>
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### October

<table>
<thead>
<tr>
<th>FlexPath Students</th>
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</thead>
<tbody>
<tr>
<td>Kelly</td>
<td>Tamara</td>
</tr>
<tr>
<td>COURSE 1</td>
<td>COURSE 1</td>
</tr>
<tr>
<td>5</td>
<td>5</td>
</tr>
</tbody>
</table>

- Kelly graduated! 0 classes left.
- Owen has 7 more courses to go.
- Tamara has 8 more courses to go.

Kelly’s work experience helped her move through certain courses more quickly.

0 classes left.
Time and Cost: the FlexPath Advantage

With FlexPath, pace determines your price. The faster you move, the more you save.

**FLEXPATH™ RN-to-BSN**

FINISH IN 9 MONTHS FOR $9,000

FINISH IN 1 YEAR FOR $12,000

FINISH IN 15 MONTHS FOR $15,000

15 MONTHS

Program length and cost will vary by transfer credits, the per-session cost, and how quickly you complete courses.

“"The fact that you can take as many courses as you can and pay a flat fee is awesome. The program is self-paced, so everything is due according to your plan. The subjects that you are more familiar with you can move through quick. These are among the reasons why I found the program to be a perfect match for me.""

*Peter Onchoke, BSN FLEXPATH GRADUATE, 2017*
Why Graduates Value Their FlexPath Experience

Professionals who want a degree to take them to the next level are choosing FlexPath. Why? The flexibility of its self-paced format and all-you-can-learn pricing model are two reasons—but the most compelling reason might be its potential career impact. A recent survey of FlexPath graduates reveals a high level of satisfaction with the format, the flexibility, and the results.

95% of FlexPath alumni are satisfied with the FlexPath learning format.

92% of alumni report that FlexPath allowed them to use their knowledge and experience to move faster through their program.

97% of alumni agree FlexPath provided the flexibility they needed to pursue their degree.

86% of alumni believe they completed their degree at a lower cost with FlexPath than at other universities they considered.

86% of FlexPath alumni agree that the tuition they paid for their education was a worthwhile investment.

Source: Alumni Outcomes Survey, 2017
Am I a good fit for FlexPath?

A successful FlexPath student:

- Sets goals and sees them through.
- Has better than average time management skills.
- Is highly motivated and likes working autonomously.
- Likes an online learning environment.
- Is comfortable building and using a support network to help stay on track.
ADMISSION REQUIREMENTS

**Applicants to the RN-to-BSN program must provide the following information for admission:**

- Ability to understand, read, speak, and write fluently in English.
- Nursing diploma or associate’s degree in nursing.
- High school diploma or equivalent and 45 transferable college credits. The recommended minimum GPA is 3.0. Applicants with lower GPAs may be considered by providing additional documentation for a holistic review.
- Official transcript(s) from previous institutions for degree and post-degree coursework.
- RN license verification and work experience acknowledgement form that verifies:
  - Your current, unrestricted RN license (or its equivalent) to practice in the United States.
- A $50 nonrefundable application fee. Fee is required to initiate an application for admission and must be paid as part of the application process. The fee covers the cost of transcript requests, transcript evaluation and other administrative costs.
- SAT and ACT are not required for admission.