Play Therapy
Graduate Certificate

Effective July 10, 2017
The Play Therapy graduate certificate offered by Capella University addresses the core academic content areas required by the Association for Play Therapy for licensed mental health practitioners to earn its Registered Play Therapist (RPT) and/or Registered Play Therapist-Supervisor (RPT-S) credentials.

Graduate certificates are an ideal way to update existing knowledge, gain new knowledge, and study at the graduate level. Coursework completed in a graduate certificate program may be applied toward a graduate degree program at Capella.

The Play Therapy graduate certificate is designed for mental health professionals from a variety of backgrounds and specialties. Learners explore the evolution and core systems of play therapy; play therapy techniques, models, and applications; and experientially based supervision practices in filial play therapy and individual and group play therapy. The curriculum also emphasizes developmental and multicultural considerations and ethical and legal issues associated with providing therapy for diverse populations. Current Capella learners must complete an eligible master’s degree program before the graduate certificate can be conferred. Licensure and additional professional and supervised clinical hours are required by the Association for Play Therapy to earn its Registered Play Therapist credential.
Curriculum

• 5 required courses
• Total program credits: 25 quarter credits

REQUIRED COURSES

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Credits</th>
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</thead>
<tbody>
<tr>
<td>PSY5244</td>
<td>Play Therapy 1: The History and Systems of Play Therapy</td>
<td>5</td>
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<tr>
<td>PSY5246*</td>
<td>Play Therapy 2: Theories and Practices of Play Therapy</td>
<td>5</td>
</tr>
<tr>
<td>PSY5248*</td>
<td>Filial Play Therapy</td>
<td>5</td>
</tr>
<tr>
<td>PSY5250*</td>
<td>Play Therapy Supervision Practices</td>
<td>5</td>
</tr>
<tr>
<td>PSY5252*</td>
<td>Applications of Play Therapy</td>
<td>5</td>
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*Denotes courses that have prerequisite(s). Refer to the course descriptions for further details.

ADMISSION REQUIREMENTS

Master’s degree in counseling or psychology from an institution accredited by a U.S. Department of Education-recognized accrediting agency or an internationally recognized institution

Grade point average of 3.0 or higher on a 4.0 scale

Active learners currently enrolled in a Capella University counseling or psychology degree program may be admitted to the Play Therapy graduate certificate upon successful completion of specific, pre-determined courses within their degree program and/or specialization.

This graduate certificate is offered in the GuidedPath delivery model.

Applicants for the Association for Play Therapy's Registered Play Therapist credential must hold a recognized professional license and have specific work experience. Additionally, applicants must complete supervised clinical hours outside of Capella’s program. Capella University cannot guarantee licensure, endorsement, other professional credential, or salary advancement. State licensing regulations and professional standards vary; learners are responsible for understanding and complying with the requirements of the state in which they intend to work. For more information, see the Licensure section for this program on Capella’s website (www.capella.edu).

The courses in this program may require live web conferencing activities and/or learner audio/video recordings. Learners who require assistive technology or alternative communication methods to participate in these activities should contact Disability Services to request accommodations.
Capella’s Career Center proactively assists learners and alumni in developing and implementing their unique career management goals. The Career Center staff is committed to helping you move forward in your career.

Synchronous coursework is utilized in PSY5246, PSY5248, PSY5250, and PSY5252 to comply with the Association for Play Therapy (APT) instructor/learner requirements.

Current Capella learners must complete an eligible master’s degree program before the graduate certificate can be conferred.

Course Descriptions

**PSY5244  Play Therapy 1: The History and Systems of Play Therapy**  
In this course, learners examine the historical origins of and rationale for integrating play into the practice of therapy and discuss the core systems of and approaches to play therapy. Learners also review the contributions of play to child development and well being throughout the lifespan. *Cannot be fulfilled by transfer.*

**PSY5246  Play Therapy 2: Theories and Practices of Play Therapy**  
This course focuses on the major theories and techniques that inform the applications of play in therapy using an interdisciplinary approach and emphasizing related research. Topics include play materials, developmental and multicultural considerations, ethical and legal issues, and play therapy for all ages and populations. *Prerequisite(s): PSY5244. Cannot be fulfilled by transfer.*

**PSY5248  Filial Play Therapy**  
Learners in this course study the history, theoretical foundations, research, and practical applications of filial play therapy. In particular, learners examine the techniques and models caregivers use to provide treatment for their children, including the Guerney and Landreth models and various supervision and coaching and attachment and self-regulation models. Learners also evaluate filial therapy from a family systems perspective, exploring outcomes research that emphasizes the ways in which parents who are attuned to and understand their children are more easily able to engage relationally with them in ways that promote the well being of the family as a whole. *Prerequisite(s): PSY5244, PSY5246.*

**PSY5250  Play Therapy Supervision Practices**  
This course is an introduction to the principles, models, and processes employed by supervising play therapists. Learners focus on developing a theoretical approach to supervision that is conducive to play therapy practice and a clear sense of self-awareness that is grounded in a strong legal and ethical position. Learners also explore experientially based supervision practices in filial play therapy and individual and group play therapy that are appropriate for working with special populations and sensitive to the developmental progression of knowledge bases and skills. *Prerequisite(s): PSY5244, PSY5246.*

**PSY5252  Applications of Play Therapy**  
Learners in this course study the theoretical foundations, research, and practical applications of play therapy in various environments, including schools, groups, and families. Learners also examine play therapy with special populations and explore associated adaptations of the playroom, therapeutic play therapy models, and play therapy outcomes research. *Prerequisite(s): PSY5244, PSY5246.*
Recommended Course Sequence

This recommended course sequence assumes learners take one course per quarter. Some learners elect to take two courses per quarter based on workload and the amount of time available for graduate study.

<table>
<thead>
<tr>
<th>YEAR 1</th>
<th>COURSES</th>
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<tbody>
<tr>
<td>Q1</td>
<td>PSY5244 Play Therapy 1: The History and Systems of Play Therapy</td>
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<tr>
<td>Q2</td>
<td>PSY5246 Play Therapy 2: Theories and Practices of Play Therapy</td>
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<tr>
<td>Q3</td>
<td>PSY5248 Filial Play Therapy</td>
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<tr>
<td>Q4</td>
<td>PSY5252 Applications of Play Therapy</td>
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<tr>
<th>YEAR 2</th>
<th>COURSES</th>
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<tbody>
<tr>
<td>Q5</td>
<td>PSY5250 Play Therapy Supervision Practices</td>
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Financial Aid

Capella University offers assistance to learners who qualify and would like to secure educational funding to help finance their academic program. A number of options are available, given the diverse needs and backgrounds of prospective learners. Options include:

- Federal Direct Stafford Loan Program
- Federal Direct PLUS Loan Program
- Non-federal loans through preferred lenders and financial institutions
- Capella scholarships
- External scholarships
- Veterans’ educational benefits and U.S. armed forces discounts
- Corporate and higher education alliances
- Employer tuition reimbursement

Regarding loan programs, interest rates for Stafford student loans are low compared to other types of consumer loans, and repayment can be deferred until after graduation. In compliance with federal and state laws, Capella University has established policies for all learners regarding satisfactory academic progress, which is necessary for financial aid eligibility.

Tuition and Fees

This tuition estimate is effective July 10, 2017, and is subject to change. For current pricing, visit the Capella University website at www.capella.edu.

<table>
<thead>
<tr>
<th>TUITION/FEE</th>
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<tbody>
<tr>
<td>Tuition per credit</td>
<td>$485</td>
</tr>
<tr>
<td>Resource kit per quarter</td>
<td>$160</td>
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Academic Leadership

Andrea Miller, PhD
Dean
Andrea Miller is the dean of the Department of Psychology in the Harold Abel School of Social and Behavioral Sciences at Capella University. Dr. Miller has worked as a member of the Capella undergraduate psychology department since 2010 and has taught online since 2005. Her professional background includes work as a psychologist in the public schools and as a psychologist and supervisor for non-profit clinics. She specializes in working with children and families as well as individuals of all ages with intellectual and/or developmental disabilities. Dr. Miller is licensed as a psychologist in three states, licensed as a specialist in school psychology, and a human services board certified practitioner. She is active in psychological associations and served as President of the Georgia Psychological Association from 2013–2014. Dr. Miller holds PhD in Counseling Psychology from Texas Woman's University and a BA in Psychology from the University of Michigan.

Hilda Glazer, EdD, LP, PCC, RPT-S
Faculty Chair
Hilda R. Glazer currently serves as faculty chair for the Play Therapy graduate certificate program within Capella University’s Harold Abel School of Social and Behavioral Sciences, having previously served as a core faculty member. Before joining Capella in 2004, Dr. Glazer held various administrative positions at Walden University, including dean of the School of Psychology, chair of the Division of Psychology, and director of the PhD in Professional Psychology program. She has also served as an associate professor at the University of Texas Southwestern Medical Center at Dallas. Dr. Glazer is a licensed psychologist in Missouri and holds the Certificate for Professional Qualification in Psychology from the Association of State and Provincial Psychology Boards. She is a licensed professional clinical supervising counselor in Ohio and a registered play therapy supervisor. Dr. Glazer earned both an EdD and EdM in Educational Psychology from Rutgers University, an MS in Counseling from the University of North Texas, and a BA in Psychology from Beaver College. She has published more than 50 refereed articles and book chapters, was co-editor of a book on psychosocial care of aging patients, and has presented on the topics of distance learning and children and grief at regional, national, and international conferences.
Move Forward with Capella University

WORKING SCHOLARS
Capella provides an online, flexible learning environment for working adults who are also determined scholars. That connection between academic and professional work infuses the entire Capella experience—from the faculty we recruit to the course projects you complete. The theories discussed in the course room are designed to develop working knowledge for everyday situations.

AN ACCREDITED UNIVERSITY
Our accreditation* is an assurance to students, employers, and the public that Capella University meets or exceeds established standards for quality of faculty, curriculum, and learner services. It is also an important factor in the ability to transfer credits among higher education institutions. Regional accreditation, the type held by Capella, is the most common type for major public, state, and private institutions in the United States.

VALUING YOUR KNOWLEDGE AND EXPERIENCE
Adults bring a wealth of experience and learning to their education. Capella courses are designed to bring out your perspectives just as you gain from others’ ideas.

*ACCREDITATION
Capella University is accredited by the Higher Learning Commission.

HIGHER LEARNING COMMISSION
https://www.hlcommission.org
800.227.4531

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